

The Lymphomaniacs Return!

Lymphoedema Support Group NSW

Invites you to participate in the
Lower North Shore Cancer Council's Relay for Life
(Saturday, 24 March through to Sunday, 25 March - 2012)

To ensure that our voice is heard and our concerns are addressed we need your help ...
Come join us and raise awareness for lymphoedema. March is Lymphoedema Awareness Month....So act now!



What are we doing?

As part of our campaign to create community awareness and receive support for funding, we will be taking part in "Relay for Life".

What is Relay for Life?

Relay For Life is a community event where teams of 10-15 participate in a relay-style walk or run to raise funds for the Cancer Council.

The event brings the whole community together for a day and night of fun, entertainment, celebration and remembrance.

How is the Lymphoedema Support Group Participating?

We will have an information stand on the day as well as several teams participating in the relay.

What can you do to help?

We need your help to man the stand, participate in the relay and wear the Lymphomaniacs T-shirt to help raise awareness.

We will be operating our stand from 3pm until the next day. We will also be fielding teams in the relay.

An hour or two of your time is all that is needed! Anyone can join a team!

How do I register my interest to help?

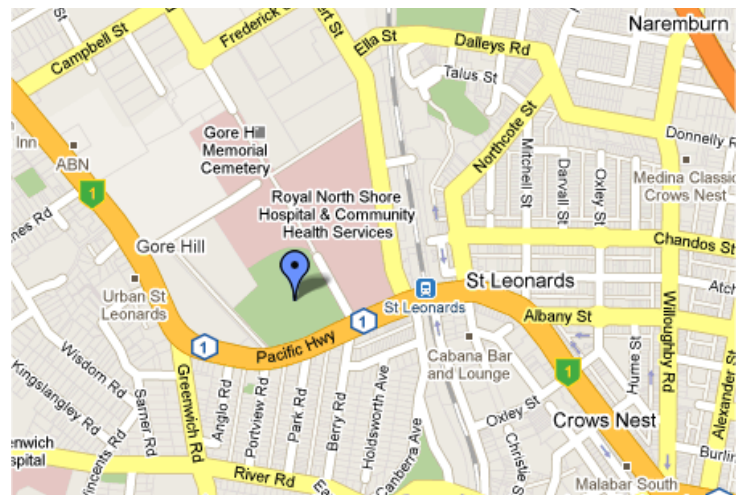
You can either email us at:
lymphformation@lymphoedemasupport.com
or call **Carolyn Cooper** on **0438 773 978**.

Details for Relay

Address: Gore Hill Oval, Pacific Hwy, St Leonards

Start time: 3.00pm (further details on time to be updated)

Start date: 24 March 2012 until 25 March 2012



Registration Fees:

- Early bird registration is \$15 per person (pay by 09 March 2012)
- Otherwise, registrations from 10 March 2012 onwards are \$20 per person

How do I register for the Relay?

Follow the link on our support website:
www.lymphoedemasupport.com which will take you directly to our Team page. Follow the instructions to register and then just turn up on the day and look for our stand.

Get involved and be part of this wonderful opportunity to make as many people as possible aware of lymphoedema!